



Mid-Ohio Psychological Services
Predoctoral Psychology Internship Program
www.mopsohio.com
2012/2013

INTRODUCTION

Mid-Ohio Psychological Services has a full-time psychology predoctoral internship program focusing on providing psychological services to underserved populations. It is the agency's vision to be a culturally and socially responsive agency striving to develop a comprehensive program based on the needs to the community where all persons experiencing substance abuse and mental health issues may achieve their full potential. The center employs approximately 60 clinical staff 9 of which are licensed Psychologists, and serves approximately 2,500 individuals annually. The services provided to the community include individual, couples, family, and group therapies, home based therapy, psychiatry, case management, and formal evaluations.

OUR PHILOSOPHY

The Mission of Mid-Ohio Psychological Services, Inc. is to provide a full continuum of quality, cost effective mental health and substance abuse services to the residents of Central and Southern Ohio in a client centered, hospitable fashion, meeting both the clients' and the community systems' needs.

Our clinical services are guided by eight principles that allow us to provide a unique approach to community mental health services.

1. Treatment cannot begin until a clear clinical picture is established. Utilizing a "psychology model", clinicians utilize a range of clinical tools to clarify this clinical picture. A clear clinical picture can best be established through client self-disclosure, the acquisition of collateral information, and the utilization of formalized assessment techniques.
2. Clinical formulation is a dynamic process and must adjust to the acquisition of new information.
3. Recovery is a process—not an event. Clients determine the pace of recovery, recognizing that many forms of recovery require accountability both to oneself, as well as to an external entity.
4. Clients often lack the ability to recognize resources within themselves and within their community to address their needs on a day-to-day basis and thus, are seeking assistance in this process. An important component to most intervention strategies is the identification of both assets and liabilities within an individual and within an individual's environment which contribute to both recovery and pathology.

5. Therapeutic intervention is a proactive response to the change process. Intervention may include utilizing community resources to leverage recovery. Intervention may include traditional counseling, but may also include modifying the client's environment or other life circumstances.
6. Intervention should be based on a sound theoretical basis and/or on empirical evidence.
7. Treatment services do not fix people's problems, but rather expedite the recovery process for individuals who are willing to engage in the recovery process.
8. All clinical practices must utilize sound ethical principles. All clinical decisions should be filtered through these three ethical constructs: 1) non-maleficence, 2) beneficence, and 3) autonomy/least restrictive environment.

OUR SITES

The agency has five offices, located in Lancaster, Columbus, Newark, Delaware, and Chillicothe, Ohio. Our Lancaster office has been open since 1989 and originally functioned as a private practice. As various community systems became aware of the high quality of our work we quickly gained a solid referral base. In 1992 the local Mental Health and Recovery Services Board entered into an agreement with the agency to provide services to the residents of Fairfield County as a community mental health center. The office is located approximately 40 minutes drive from downtown Columbus, Ohio. Lancaster Ohio is the County Seat of Fairfield County and has a population of 35,335 people. Lancaster is the center of a rich agricultural region principally of swine, dairy, and beef cattle farms. The primary industry is glass, and a large producer of table glassware calls Lancaster home. Lancaster is well known for its numerous, well-preserved, early homes located on the Main Street and Wheeling Street hills. Fairfield County is also known for covered bridges, one of the oldest mills in Ohio, Rock Mill, a dynamic arts community and more than a dozen museums. Fairfield County is the gateway to the Hocking Hills, one of the most spectacular natural areas in the state. The county is home to many parks and nature preserves, with hundreds of acres of undisturbed wilderness, miles of hiking trails, and much more.

Our Franklin County office is located in the southeastern suburbs of Columbus. The office was opened in 2004 and offered services to sexually aggressive youth. Since 2004 the office has seen 300% growth and is now offering a variety of services to individuals of all ages and presenting problems, including psychological assessments, outpatient therapy, group therapy, and medication management services. The city of Columbus is the state capital and the 15th largest city in the nation with 1,953,575 people in the metro area. Columbus is a vibrant and friendly city with an active nightlife. The city offers a wide variety of cultural and sporting activities.

The Newark office opened in December 2008, and is located 40 minutes east of downtown Columbus. The office provides individual therapy, psychological testing, and evaluation to children, adults, and families. Newark is the county seat of Licking County

and has a population of 46,000. The area has a rich cultural heritage as an early home of the Hopewell culture, and is home of the largest earthworks in the Ohio River Valley.

Our office in Delaware, Ohio is located approximately 40 minutes north of Columbus. The site opened in 2010 and provides evaluations, home based therapy, and counseling services to adults and children of Delaware County.

Our newest office is located in Chillicothe, Ohio, the county seat of Ross County. The office opened in 2010 and offers services to adults, children, and families. The services include counseling, testing, and evaluation.

TRAINING MODEL & GOALS

Mid-Ohio Psychological Services Inc. offers a unique training experience in community mental health. The center is committed to training professionals who are interested in working in underserved areas. The intern will learn how to interact with families and individuals from a community mental health perspective. Each intern is expected to engage in five specific goals, each of which will be addressed in various modalities, both formal and informal.

- Continue developing competence in the assessment and diagnosis of clients of all ages and presenting complaints. *The intern will engage in trainings, observe and conduct intake assessments, present cases in group supervision, maintain a diverse caseload, complete psychological evaluations, and document diagnostic contacts.*
- Continue developing competence in the creating of a sound treatment plan, rendering clinically and scientifically sound, culturally sensitive interventions. *The intern will engage in trainings, discuss cases in individual and group supervision, collaborate with clients in completing treatment plans, maintain documentation of therapeutic contacts, maintain caseload of at least 15 individual client contacts per week, and lead a therapeutic group.*
- Continue developing competence in preparing psychological evaluations using objective and projective measures of assessment. *The intern will participate in trainings, discuss cases with their evaluation supervisor, complete psychological evaluations, present evaluation cases during group supervision, complete the report in a timely fashion, demonstrate ability to select appropriate psychometric measures, integrate objective and projective findings, and use effective communication in the written report.*
- Continue developing competence in conceptualization of cases in a culturally respectful manner. *The intern will participate in trainings, develop awareness of own cultural and ethnic background through individual and group supervision, maintain a diverse caseload, and present cases during group supervision demonstrating an ability to appreciate diversity issues.*
- Continue development of professional identity as an ethical psychologist, particularly when communicating with other professionals in the treatment

environment. *The intern will participate in trainings, present their dissertation topic to the agency, discuss professional development issues in individual and group supervision, document services adequately, maintain clinical records consistent with agency quality assurance standards, and effectively interact with community organizations and other agency staff.*

SUPERVISION

The Mid-Ohio Psychological Services believes that a strong supervisory relationship promotes both professional and personal growth. The supervisory relationship is designed to provide ongoing support through consultation, information, and guidance. Each intern will receive a minimum of two (1 hour) individual supervision sessions and one (1 hour) group supervision session per week. Interns are assigned a primary clinical supervisor at the start of the year and will remain with that supervisor for the duration of the internship. The assignment of interns to primary supervisors is made by the Intern Selection and Training Committee, which makes every effort to match intern interest and needs with supervisor expertise. The supervision may include case discussion, review of case notes or reports, review of audio taped sessions, or live observation.

Interns will also receive supervision from other supervisory staff who will oversee the intern's work in psychological assessment and testing, and treatment services for the clients at Fairfield Academy. The intern can expect to meet with their evaluation supervisor to discuss evaluations, report writing, and psychological testing. The contact with the evaluation supervisor will occur on an as needed basis based on the number and complexity of the evaluations the intern is conducting. Mid-Ohio Psychological Services Inc. also employs a varied and talented clinical staff including individuals trained in nursing, psychiatry, counseling, and social work. Interns may receive additional supervision from these staff, in consultation with their primary supervisor.

In addition to individual supervision, interns are required to attend and participate in weekly group supervision. During group supervision, the interns will engage in case presentations and discussion of cases focusing on diagnoses, treatment approaches, and ethical or legal issues. Group supervision can also address case conceptualization, coordination of care, professional development, peer support and team building. Interns are an integral part of the Mid-Ohio treatment team and will be expected to engage fully in group supervision.

SERVICES PROVIDED

Interns will function as a part of a treatment team for the agency's clients. The interns are expected to have an average of 17 client contacts per week. These contacts include individual, couples, or family therapy. Interns will conduct comprehensive diagnostic assessments on every new therapy client, and will follow the case from inception to termination. Interns are to maintain their cases ensuring clients are connected with the needed community agencies and maintain contact with these organizations as appropriate. Interns will also be expected to lead or co-lead a group during their training

year. Current groups include sexually aggressive youth, adult sexual offenders, juvenile sexual abuse survivors, adult alcohol and drug abuse, and anger management; however, the intern may choose to work with other agency staff to develop a group to address a community need. Interns will also be expected to complete a minimum of 10 psychological evaluations over the course of the internship year.

Since 2008 Mid-Ohio Psychological Services has provided care at a rural group home. Fairfield Academy is a placement facility for adolescent males who have cognitive impairments as well as an extensive history of behavioral acting out, including sexually aggressive behaviors. Interns provide intensive individual and group therapy as well as engage in case consultation with facility staff on a regular basis. In addition, interns complete psychological evaluations to aid in treatment planning for the residents.

DIDACTIC TRAINING

Training seminars provide a more formal and structured training experience and have been designed to offer the intern information regarding specific diagnoses, treatment approaches, client populations, and ethical and legal issues. Agency staff conduct the trainings in their specific areas of interest. These trainings will be held weekly; interns are required to attend these sessions.

The agency also offers quarterly training open to any individual from the agency or community. These trainings are free and offer continuing education credits for the counselor and social work, and psychology boards. Past topics include the treatment of borderline personality disorder, sex offenders, geriatric populations, and ethical issues in supervision. Interns are strongly encouraged to attend these trainings.

Interns also have access to internet based trainings via NetSmart University. These trainings may be used to gain additional information to specific treatment approaches or populations.

INTERNSHIP STIPEND AND BENEFITS

Dates:	September 1 through August 31
Stipend:	\$20,500
Hours:	40 hours/week for 12 months
Vacation:	80 hours
Holidays:	6 paid holidays
Insurance:	Health, dental, vision, life, malpractice, and disability
Other:	Reimbursement for business related travel, professional development time, "flexible spending" account for childcare and medical expenses, and retirement savings accounts.
Contact Information:	Mid-Ohio Psychological Services, Inc. 2238 South Hamilton Road, Suite 200 Columbus, Ohio 43232 Phone: 614-751-0042 www.mopsohio.com

APPLICATION & SELECTION PROCEDURES

Qualified applicants must possess a Master's Degree in Psychology and have achieved doctoral candidacy from a regionally accredited doctoral program in psychology upon the start of the internship year. In addition, successful candidates will have a minimum of three years of pre-internship graduate training, dissertation proposal approved, passed their comprehensive exams, and possess a desire to work in a community mental health setting after graduation.

Mid-Ohio Psychological Services Inc. participates in the Internship Matching Program that is operated by the National Matching Services, Inc. (NMS) and administered by the Association of Psychology Postdoctoral and Internship Centers (APPIC). Applicants must obtain an Applicant Agreement and register for the Match in order to be eligible for the Internship Program. This internship site agrees to abide by all APPIC policies pertaining to the match process. For details of the Match Policies please see <http://www.appic.org>. After acceptance the formal appointment to the position is contingent upon a satisfactory background check and pre-employment drug screening.

To apply for an internship position, an applicant must submit the following:

1. AAPI Online
2. Transcripts of all graduate work
3. Current curriculum vita
4. Three letters of reference
5. Cover letter that addresses the following questions:
 - What do you feel you need to accomplish during your internship year?
 - What are your career interests beyond your internship year?
 - In what way does the Mid-Ohio Psychological Services Internship help you meet your professional goals?

All materials must be submitted via the AAPI Online and received by **December 1, 2011**.

Mid-Ohio Psychological Services offers on-site interview in early to mid-January. The selection committee meets to review the complete applications and offers invitations to interview to the applicants who are believed to be a good fit with our agency mission. Notification of interview status will be made by December 15, 2011.

TRAINING STAFF

Sonya Slater, Psy.D., Psychologist #6353

Internship Training Director

Xavier University

Areas of Interest: Severe and persistent mental illness, personality disorders, psychological evaluations, adolescent and adult psychotherapy from a cognitive behavioral perspective.

Misty Coleman, MSW, LISW-S, Independent Social Worker Supervisor

#I.0009371-SUPV

The Ohio State University

Areas of Interest: Sexually aggressive/offender youth, adolescent and adult psychotherapy, personality disorders, cognitive behavioral interventions

Scott Craft, Ph.D., Psychologist #6013

Bowling Green State University

Areas of Interest: Sexual offender intervention, adolescent and adult psychotherapy, mental health services for court involved individuals, personality disorders, substance abuse disorders.

Joni Grim Krzycki Ph.D., LPCC, Psychologist #6321

Ohio University

Areas of Interest: Sexually aggressive/offending youth, attachment disorder, oppositional defiant/conduct disorders, psychotherapy with children and adolescents, cognitive behavioral therapy.

Bradley Hedges, Ph.D., LPCC, Psychologist #4581

Ohio University

Areas of Interest: Forensic evaluation, sexual offender intervention, personality disorders, program evaluation.

Robin Rippeth, Ph.D., LPCC, Psychologist #6030

Ohio University

Areas of Interest: Children and families, psychological evaluations, assessment techniques, behavioral and cognitive behavioral interventions.