

Kimberly B. Rugg

624 East Main Street
Lancaster, OH 43130
740-687-0042

Education

Assumption College Worcester, MA
Master of Arts in Counseling Psychology 05/05
Concentration in Child and Family Interventions
Passed with Distinction on Graduate Oral Qualifying Exam

Muskingum College New Concord, OH
Bachelor of Science Degree 05/03
Majors: Child and Family Studies and Psychology
Minors: Business, Gender Studies, and Sociology

Work and Volunteer Experience

Mid-Ohio Psychological Services Lancaster, OH
Individual and Home-based Therapist 07/05 to present
Providing direct therapeutic services through diagnostic assessments, individual counseling, a community support program and group treatment for various mental and emotional disorders, child and adolescent counseling, marriage and family counseling, home-based therapy and educational counseling under supervision. Through supervision, obtain further education in substance abuse treatment, assessment, testing tools and various treatment interventions and modalities. Co-lead weekly Sexually Aggressive Group for boys, ages 10 to 14. Registered with the Ohio Psychology Board as a Psychology Assistant.

Assumption College Worcester, MA
Graduate Resident Assistant 08/03 to 05/05
Organized and planned educational programs and community builders for residents. Assisted Resident Director with judicial issues, staff management, and hall-wide programs. Assisted college students with personal problems.

Children's Friend Counseling Center Worcester, MA
Volunteer 08/03 to 05/04
Organized, managed and co-led social skills group for children diagnosed with Asperger's Disorder.

Muskingum College New Concord, OH
Hall Director 01/03 to 05/03
Managed judicial resident issues, staff management issues, organized educational and recreational programs, planned and organized weekly staff meetings and individual meetings, assisted Associate Dean of Students with staff employment issues and managed the lobby desk and desk workers.

Muskingum College New Concord, OH
Resident Assistant Coordinator 08/02 to 12/02
Assisted the Area Coordinator with judicial issues, organized educational and recreational programs, and managed the lobby desk and desk workers.

Internship/ Practicum Experience

Children's Friend Counseling Center

Worcester, MA

Clinician Intern

650 hours

Scheduled and completed clinical assessments with parents and children according to agency guidelines. Completed assessment report for client's file, including mental health diagnosis according to the DSM-IV guidelines. Developed and wrote appropriate treatment plans for clients; prepared initial and quarterly review reports. Organized, planned and provided weekly therapy sessions for children, ages 3 to 18 and family counseling. Provided case management and coordinated with community resources for a caseload of twelve clients. Completed progress notes for each client session. Executed discharge plans upon termination of treatment. Participated in weekly supervision meetings to discuss cases and weekly clinical staff meetings to present cases. Co-led Asperger's Social Skills Group for boys, ages 6 to 8, and co-led Head Start Play Group for children, ages 3 to 5, who struggle with social skills.

Six County Inc.

Zanesville, OH

Undergraduate Intern

80 hours

Assisted professionals in case management, group home setting at Tyo's Boarding Home, group therapy at Beacon Place, vocational skills at S.C.I. Core, judicial system at the Perry County Court and short-term mental health assistance on Psychiatric Ward at Bethesda Hospital.

Muskingum College Center for Child Development

New Concord, OH

Undergraduate Practicum Student

40 hours

Assisted teaching faculty. Applied psychological principles of learning and developmentally appropriate practice with children, ages 3 to 5.

Muskingum Behavioral Health

Zanesville, OH

Undergraduate Practicum Student

40 hours

Participated in group counseling sessions with clients. Assisted with personal assessments of clients.

Affiliations/ Certifications

Ohio College Personnel Association Member
American Psychological Association Graduate Student Affiliate
First Aid/ Communicable Disease Certification
Child Abuse Certification
Nutrition for Young Children Certification

Professional Conferences

Ohio College Personnel Conference
Society for Human Resources Management Annual Conference
Midwestern Psychological Association Conference

REFERENCES UPON REQUEST