

ELDERLY SEXUAL INFORMATION TEST

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INSTRUCTIONS

Some of the following statements about human sexuality are true; some are false. On the answer sheet, indicate a true statement or "F" to indicate a false statement. Each of the following items are based on research and are not simply the opinion of the author of this instrument. You will have the opportunity to discuss the results at the end of the test.

1. Most people view sexuality the same at age 65 as they did at age 20.
2. Men who are impotent are usually sterile.
3. If a girl reaches puberty at an earlier than average age, she will also be likely to reach her change of life (menopause) at an earlier age than average.
4. When women reach menopause, they often begin to have a more satisfying sex life.
5. Certain foods are valuable in increasing the sex drive.
6. It is quite dangerous and potentially harmful for a woman to take part in sports, take a bath, or shampoo her hair during menstruation.
7. It is usually quite dangerous for a person over the age of 65 to have intercourse on a regular basis.
8. Even though a woman has had her uterus removed, she can still have orgasms.
9. More than one-third of all men have had at least one homosexual experience in their life that result in an orgasm.
10. Men and women who are middle aged or older seldom masturbate.
11. At least two-thirds of men between the age of 65 and 69 experience satisfactory sexual intercourse.
12. People's interest in sexual relationships often increases after the age of 50.
13. People living in a nursing home environment have a right to privacy for sexual relationships.

14. Sexual desire decreases markedly in both men and women after the age of 50.
15. At least half of all married men will have sexual intercourse with someone other than their wives during marriage.
16. Intercourse (penis inserted into vagina) is the only normal method of sexual relations.
17. Most residents in nursing care facilities have sexual fantasies.
18. Elderly individuals are often embarrassed to have members of the opposite sex provide catheter care.
19. Quadriplegic rarely have the capacity to get an erection.
20. Holding hands is a form of sexual expression.
21. Damage to certain organs in the brain increases an individual's desire for sexuality and aggression.
22. The primary decline in sexual activity in the elderly population involves physical limitations.
23. Many residents of extended care facilities have a desire for expressing their sexuality.
24. Most people over 60 have very similar understandings of sexuality.
25. Most elderly people do not want to discuss their sexuality.
26. Less than one percent of persons over age 65 are homosexual.
27. An individual with Alzheimer's cannot legally have sexual contact with another person without the aid of a guardian.
28. As women age, they often have less vaginal lubrication during sexual experiences.
29. Many men involuntarily get erections when receiving a sponge bath by an aide.
30. It is the right of two residents of an extended care facility to have sexual contact with one another if they are consenting and are not significantly cognitively impaired.

ELDERLY SEXUAL INFORMATION TEST

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