

# An Ideal Intervention Model

Brad Hedges, Ph.D.

- ! Investigation Phase
  - " Segregate identified alleged perpetrator from identified victim (remove alleged perpetrator not the victim)
  - " Minimum 30 day confinement of alleged perpetrator for initial evaluation
    - Comprehensive evaluation by competent assessor
    - Offense specific (not just a general mental health assessment)
    - Part of an ongoing evaluation process
  - " Finding of guilt/adjudication within 90 days of initial identification of offense (national average is 211 days).
  
- ! Intervention Phase
  - " Classification of risk (high/medium/low) and conditions of risk (this is an ongoing process throughout the intervention phase)
  - " Appropriate placement (secured environment/supervision strategies)
    - Proportionate security
      - # High risk–Residential
      - # Medium risk–Community Placement
      - # Low risk–Return Home?
    - Supervision is contextually appropriate
    - Restricted access to potential victims
  - " Placement in treatment
    - Appropriate in intensity relative to risk
      - # High= 2+ years
      - # Medium=1-2 years
      - # Low= less than 1 year
    - Appropriate to developmental/cognitive level
    - Comprehensive
      - # Sex Education
      - # Victim Empathy/Impact
      - # Social Skills
      - # Relationship Skills
      - # Fantasy Management
      - # Relapse Prevention
    - May include other components as appropriate
    - Group/Individual/Family
    - Goal is to move from external control to internal control mechanism
  
- ! Termination Phase
  - " Will always occur
  - " Do incrementally
  - " Do not force family reunification (it is often not appropriate)
  - " Ensure generalization of skills to long term placement