

NOVEMBER 2007

TREATMENT OUTCOMES REPORTING

The Outcomes review for this month comes from the Ohio Outcomes Adult Scales. The issue related to this review is the Overall Symptom Distress Levels of voluntary versus involuntary clients at the time of intake.

Data was retrieved from calendar year 2006. The respondents were asked to describe their symptom distress. The choices presented were "Not at All," "A Little Bit," "Some," "Quite a Bit," or "Extremely." 202 voluntary clients and 29 involuntary clients responded, and the results are below:

Please see the two graphs labeled Symptom Distress-Overall Symptom Distress.

According to the results, 55% of involuntary clients reported no symptom distress, as opposed to 18% of voluntary clients. In addition, 32% of voluntary clients reported significant levels of symptom distress, but only 10% of involuntary clients identified significant distress levels. This data can help clinicians identify potential barriers to treatment such as treatment resistance, lack of insight, or minimizing symptoms. These barriers can be challenging when administering client-centered treatment, and there are times when treatment must focus on addressing the needs of the community as well as the client.