

DECEMBER 2007

TREATMENT OUTCOMES REPORTING

The outcomes review for this month is to compare responses from Mid-Ohio Psychological Services clients to clients at county and statewide levels. This month's issue is how adult clients' perceptions of their quality of life changes over time in treatment. The Overall Quality of Life scale is the average of the first 12 items on the Adult Consumer Form. These items assess satisfaction with various aspects of consumers' lives including friendships, finances, family relationships, and living arrangements. The scale ranges from one to five, with higher scores indicating greater satisfaction. Data was retrieved from Fiscal Year 2007, and the results are as follows:

Mid-Ohio Psychological Services

	Number of Respondents	Mean	Standard Deviation
30 days	169	2.86	.70
90 days	123	2.77	.67
180 days	23	2.88	.57
1 year	19	3.12	.74
2 or more years	49	3.10	.72

Fairfield County

	Number of Respondents	Mean	Standard Deviation
30 days	787	2.92	.76
90 days	165	2.88	.70
180 days	56	3.12	.79
1 year	69	3.17	.71
2 or more years	123	3.14	.73

State of Ohio

	Number of Respondents	Mean	Standard Deviation
30 days	57,497	2.85	.78
90 days	6,315	3.03	.80
180 days	8,444	3.04	.77
1 year	11,269	3.03	.76
2 or more years	23,199	3.07	.77

According to the results, the responses from clients at Mid-Ohio Psychological Services are comparable to responses from clients at the county and state level. Clients tend to increase their perceptions of quality of life during the early phases of treatment, with less notable change during treatment phases of over six months. The number of respondents also decreases significantly following intake. It is possible that many of the respondents

from one year or more are clients in the “maintenance” phase of treatment, or are from chronically mentally ill populations that do not observe significant changes in their quality of life.