

CHARTING AIDS

Clinician Interventions

Acknowledged	Discussed	Reality tested
Analyzed	Encouraged	Reframed
Assisted	Examined	Reviewed
Assured	Explained	Role modeled
Challenged	Explored	Role played
Clarified	Helped	Supported
Confronted	Identified/Interpreted	Validated
Consulted	Offered feedback	
Demonstrated	Processed	

Client Descriptions

Focused	Organized	Belligerent
Active	Careful	Contemptuous
Energetic	Precise	Arrogant
Cheerful	Perfectionistic	Scornful
Enthusiastic	Meticulous	Abrupt
Bright	Conscientious	Patronizing
Cooperative	Takes initiative	Antagonistic
Creative	Independent	Defiant
Confident	A self-starter	Obstinate
Assertive	Decisive	Negative
Motivated	Insolent	Irritable
Grandiose	Phobic	Hostile
Hyperactive	Fearful	Oppositional
Revved up	Anxious	Aggressive
Agitated	Dependent	Passive-aggressive
Impulsive	Indecisive	Provocative
Restless	Confused	Seductive
Escalating	Scattered	Flirtatious
Expansive	Flat (affect)	Distractible
Pressured speech	Elated	Loose or no boundaries
Unable to concentrate	Inappropriate	Exploitative
Verbose, rambling	Blocking	Manipulative
Flamboyant	Depressed	Explosive
Bizarre	Discouraged	Incoherent
Intrusive	Despondent	Inaudible
Distracted	Passive	Quiet
Preoccupied	Withdrawn	Childlike
Oblivious	Subdued	Preservative
Guarded	Brittle	Deteriorated
Unanimated	Regressed	Awkward
Suspicious	Inert	Monosyllabic
Reserved	Concrete	Odd
Resistive	Avoidant	Euthymic
Indifferent	Critical, judgmental	